

Management of Communicable Diseases/Sick Policy

If a child exhibits any of the following symptoms, the child should not attend VBDC. If such symptoms occur at VBDC, the child will be removed from VBDC, and parents/guardians will be called to take the child home:

- Severe pain, discomfort, continual crying or irritability
- Acute diarrhea characterized as twice the child's usual frequency of bowel movements with a change to a looser consistency within a period of **(24) hours**, or bloody diarrhea
- Two or more episodes of acute vomiting within a period of **(24) hours**
- Elevated oral temperature of 101.5 (or axillary temperature of 100.5) degrees Fahrenheit, or over, in conjunction with behavioral changes
- Lethargy that is more than expected tiredness
- Severe coughing
- Yellow eyes or jaundiced skin
- Red eyes with discharge
- Infected, untreated skin patches; or rashes of unknown origin
- Difficult or rapid breathing
- Skin rashes in conjunction with fever or behavioral changes
- Weeping or bleeding skin lesions that have not been treated by a health care provider
- Mouth sores with drooling
- Stiff neck
- Additionally, any illness that prevents a child from participating comfortably in daycare activities, including a lack of appetite or a refusal to eat/drink, will result in the child being sent home from VBDC.

Once the child is symptom-free, or has a health care provider's note stating that the child no longer poses a serious health risk to himself/herself or others, the child may return to the center **after 48 hours**. The state requires children to be fever, vomit, and diarrhea free for 24 hours.

Table of Excludable Communicable Disease

A child who contracts any of the following diseases may not return to VBDC without a health care provider's note stating that the child presents no risk to himself/herself or others. VBDC policy states anything highly contagious has a minimum of 48 hours until the child can return. All the diseases listed are reportable to the health department by VBDC.

If a child is exposed to any excludable disease at VBDC, parents will be notified in writing.

Table of Excludable Communicable Diseases

Respiratory Illnesses	Gastro-Intestinal Illnesses	Contact Illnesses
Chicken Pox*	Campylobacter*	Impetigo
German Measles*	Escherichia coli*	Lice
Hemophilus Influenza*	Giardia Lamblia*	Scabies
Measles*	Hepatitis A*	Shingles
Meningococcus*	Salmonella*	
Mumps*	Shigella*	
Strep Throat		
Tuberculosis*		
Whooping Cough*		

* **Reportable Diseases:** If an enrolled child or staff member has been diagnosed as having contracted or is having a reportable disease, then a VBDC Administrator must report it to the Local Health Department. The Department of Health's Reporting Requirements for Communicable Diseases and Work-Related Conditions Quick Reference Guide, and a complete list of reportable excludable communicable diseases can be found at http://www.nj.gov/health/cd/documents/reportable_disease_magnet.pdf

If the child has chicken pox (Varicella), VBDC requires a note from the parent/guardian stating either that at least six days have elapsed since the onset of the rash, or that all sores have dried/crusted. If a child is diagnosed with a contagious condition, parents/guardians are asked to notify VBDC

immediately so that other parents/guardians can be alerted, if appropriate. If a staff member or Administrator detects head lice on any child, parents/guardians will be notified immediately, and the child will be sent home for treatment. He/she can return to VBDC when there is no further evidence of lice or nits.

For the safety and protection of our students, VBDC will dispense medication only under conditions set forth in our Medication Administration Policy.

The State of New Jersey requires that centers shall distribute a copy of this policy on the management of communicable diseases to the parent/guardian of each child enrolled, and secure and maintain on file a record of each parent/guardian's signature attesting to receipt of the policy.

Medication Administration Policy

This policy was written to encourage communication between the parent/guardian, the child's healthcare provider and the childcare provider to assure maximum safety in the giving of medication, to the child who requires medication, that will be provided during the time at childcare.

Guiding Principles and Procedures:

Whenever possible, medication should be given at home. Dosing of medication can frequently be done in such a way that the child receives medication prior to going to childcare and again, when returning home and/or at bedtime.

- The first (24) hour dose of any medication should always be given at home and with sufficient time before the child returns to VBDC to observe the child's response to the medication given.
- Medication (Prescription OR over the counter) will only be given when ordered by the child's health care provider and with written consent of the child's parent/guardian. A "Permission to Give Medication in Child Care" form is attached to this policy.
- Medications given at VBDC will be administered by a designated staff member who will have been informed of the child's health needs related to the medication and will have had safe administration training.
- Any prescription or over-the-counter medication brought to VBDC must be specific to the child who is to receive the medication, in its original container, have a child-resistant safety cap, and be labeled with the appropriate information as follows:
 - Prescription medication must have the original pharmacist label that includes the pharmacist's phone number, the child's full name, name of the health care provider prescribing the medication, name and expiration date of the medication, the date it was prescribed or updates, and dosage, route, frequency, and any special instructions for its administration and/or storage. It is suggested that the parent/guardian ask the pharmacist to provide the medication in two containers, one for home and one for use at VBDC.
 - Over-the-counter (OTC) medication/topical ointments (e.g. diaper cream) must have the child's full name on the container and the manufacturer's original label, including expiration date, along with instructions specifying frequency, dosage, and any special instructions for storage.
- The State of NJ, Department of Children and Families (Office of Licensing), has mandated that all child care centers obtain written permission from parents/guardians for the application of diaper ointment and/or sunscreen to their child(ren) throughout the day.
- At VBDC, all medications will be stored inaccessible to children; separate from staff, accessible only to authorized staff members and under proper temperature control.
- For the child who receives a particular medication on a long-term daily basis, the staff will advise the parent/guardian one week prior to the medication needing to be refilled so that needed doses of medication are not missed.
- Unused or expired medication will be returned to the parent/guardian when it is no longer needed or not able to be used by the child.